# "Mizuho" Seasonal Course

## December 2025

#### Starter

Tofu made from cauliflower, soybean *soboro* meat, and pine needle-shaped spinach served with paste of clear miso soup and *wasabi* 

### **Appetizer**

Salad of Japanese parsley from *Akita* prefecture and Jerusalem artichoke, served with kiwi sauce

#### **Seasonal Assortment**

- 1. Shimonita leek and Brussels sprouts marinated in chili-infused oil
  - 2. Grilled miso marinated *tofu* with pickled turnip
    - 3. Deep-fried burdock
- 4. Simmered yam with *dengaku* miso with poppy seeds and Japanese pepper
  - 5. Spinach dressed with soy sauce and roasted sesame seeds

## **Cold Dish**

Fresh *konjac* sashimi made at *Hida*, *Gifu* prefecture, and seasonal vegetables served with *miso tamari* sauce and mustard-flavored vinegar miso sauce

## Soup

Clear dashi soup with hiryuzu (fried vegetables and tofu) with grated daikon radish

Kujo leek, yuzu zest, Shogoin turnip, and rice cracker

#### Sushi

Matsumae style gunkan sushi with miso Kelp, carrot, Chinese cabbage, perilla, and cucumber

### **Fried Dish**

Assorted seasonal vegetables *tempura* Served with dipping sauce and garnish

#### **Hot Pot**

Miso *sukiyaki* of seasonal vegetables with Chinese cabbage, leek, *Kyoto* carrot, thick tofu, *maitake* mushrooms *konjac* noodles, crown chrysanthemum, and *yuba* 

### Rice

Sasanishiki rice from Naruko, Miyagi Prefecture cooked in an earthenware pot
Please choose your preference:
\*Plain white rice

\* Rice cooked with seasonal ingredients (additional charge needed)

## **Miso Soup**

Miso soup of "GINZA KUKI Tokusen Zen white Koji" with Brussels sprouts, lily bulb, and Kujo leek

### **Sweet**

Miso flavored soy milk brûlée with strawberries

Amazake chiffon cake and seasonal fruits

